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| ΩΡΕΣ | ΔΕΥΤΕΡΑ | ΤΡΙΤΗ | ΤΕΤΑΡΤΗ | ΠΕΜΠΤΗ |
| 15.00-16.00 | TENNIS | PING PONG | YOΚA | TENNIS |
| 17.00-18.00 | PING PONG | YOΚA | PING PONG | YOΚA |
| 18.00-19.00 | TENNIS | KARATE | SWIM | TENNIS |